

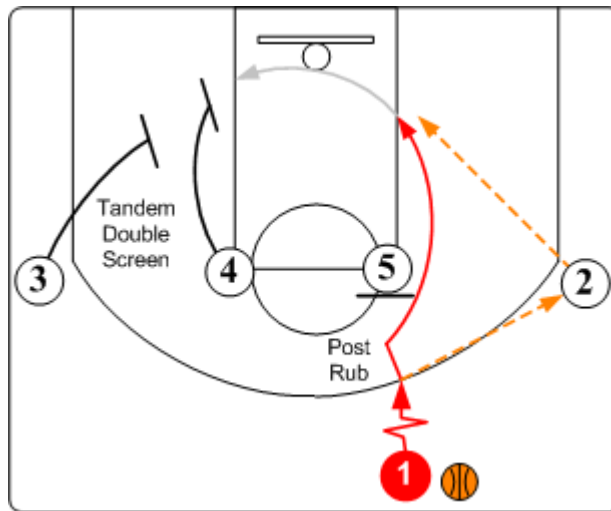


SCREEN AND CUT DRILLS ADVANCED

(Recommended level of introduction – Under 14)

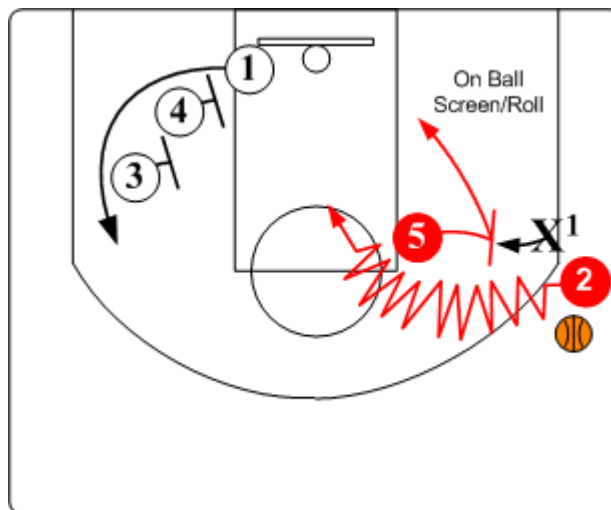
The "UCLA" is a pass and high post rub cut entry into side screen action.

Phase 1. Rub Cut.



The point guard initiates the action by making an entry pass to wing O2 and rubbing off O5's high post screen for shot. When O1 does not receive a pass from O2, O1 continues out weakside off O4's and O3's tandem double screen.

Phase 2. Side Screen.

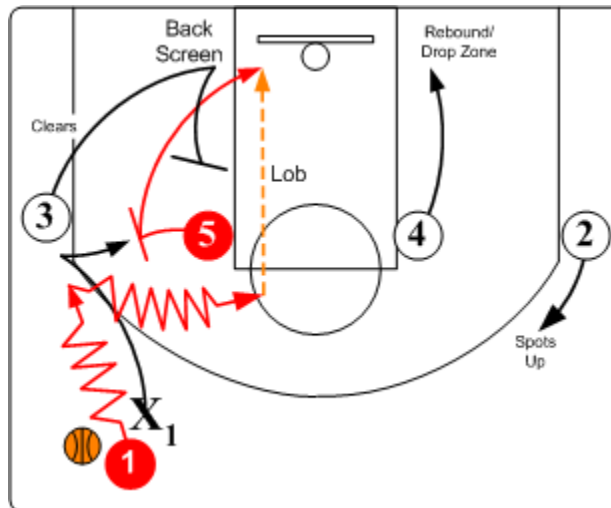


When O2 does not feed O1 on post rub cut, O5 steps out and initiates side screen action with O2. O2 and O5 execute the side screen option (counter) according to the defensive read.



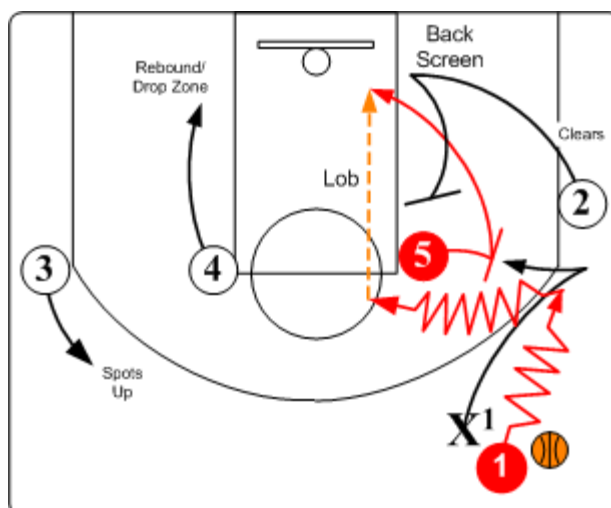
Boston Variation

The "Boston" is a pick the picker variation on the basic side screen and roll.



The point guard O1 dribble clears wing O3. O5 steps out and initiates side screen and roll action. Wing O3 begins to clear to weakside, but changes direction and doubles back setting a back screen for O5 rolling to the basket. O1 looks to pass to open O5.

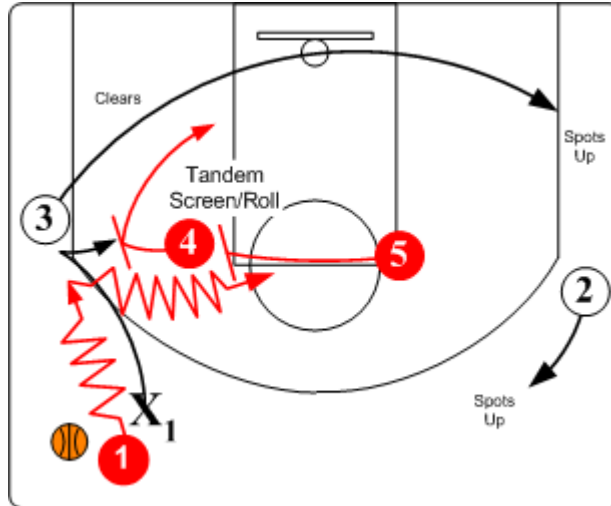
Right Side Entry



Point guard O1 dribble clears wing O2. O4 steps out and initiates side screen and roll action. Wing O2 begins to clear to weakside, but changes direction and doubles back setting a back screen for O4 rolling to the basket. O1 looks to pass to open O4.

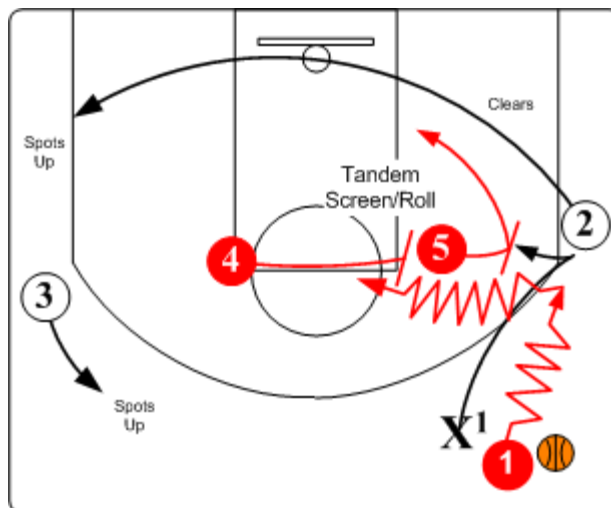


Tandem Double Variation



Point guard O1 dribble clears O3 on left wing. O4 steps out to set a side screen for O1 but slips the screen and cuts away to basket. O5 sets a second side screen for O1 and then pops to corner. O2 and O3 spot up on weakside for three point shots. O1 driving off O5's screen has options of turning the corner and driving to basket, pulling up for jump shot, feeding O4 on roll (or posting up), or making a kick out pass to O2 or O3.

Right Side Entry



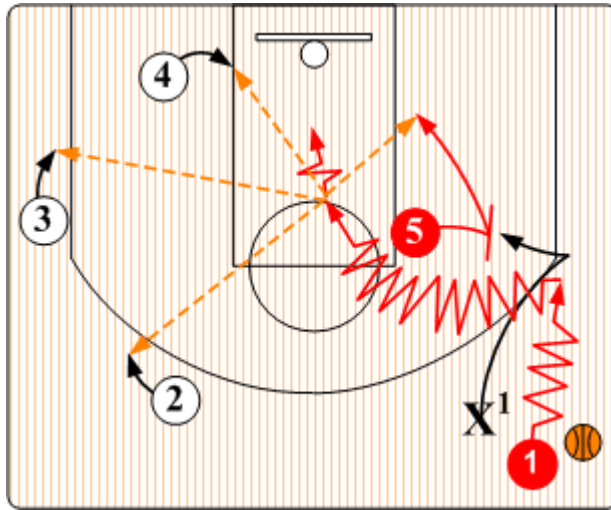
Point guard O1 dribble clears O2 on right wing. O5 steps out to set a side screen for O1 but slips the screen and cuts away to basket. O4 sets a second side screen for O1 and then pops to corner. O2 and O3 spot up on weakside for three point shots. O1 driving off O4's screen has options of turning the corner and driving to basket, pulling up for jump shot, feeding O5 on roll (or posting up), or making a kick out pass to O2 or O3.



Right Side Entry

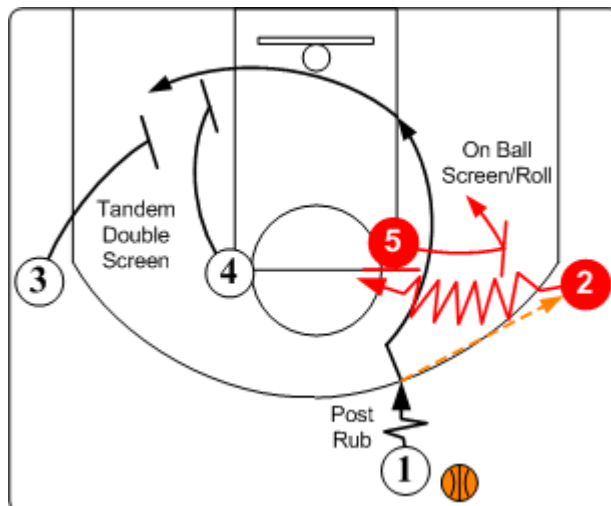
Although most ball handlers are right handed, and the majority of teams like to run the Side Screen on the left side of the court, there are many times that Side Screen action occurs on right side of the floor.

Dribble Entry.



The point guard O1 initiates the action by dribble clearing the wing O2. Post O5 then steps out and executes an "ON Ball" screen on O1's defender X1. O1 drives over the top of O5's screen with the options of turning the corner for a drive to the basket, executing a pull up jumper making a return pass to the post cutting away to the basket after setting the screen. If the baseline defender steps up to help out on O1's drive then O1 makes a drop pass to the open post. When a weak side defender drop off to help out on O1's drive, O1 makes a kick out pass to the open shooter.

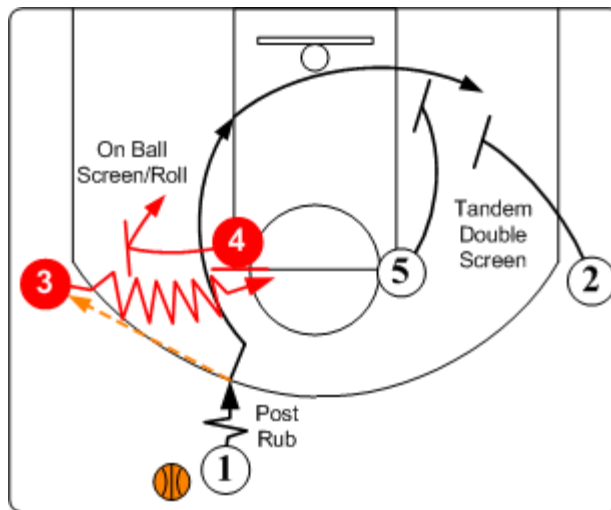
Pass Entry.





Point O1 initiates the Side Screen action by making an entry pass to wing O2 and rubbing off O5's high post screen for shot. When O1 does not receive a pass from O2, O1 continues out weakside off O4's and O3's tandem double screen, and O5 steps out and initiates side screen action with O2.

Left Side Entry.

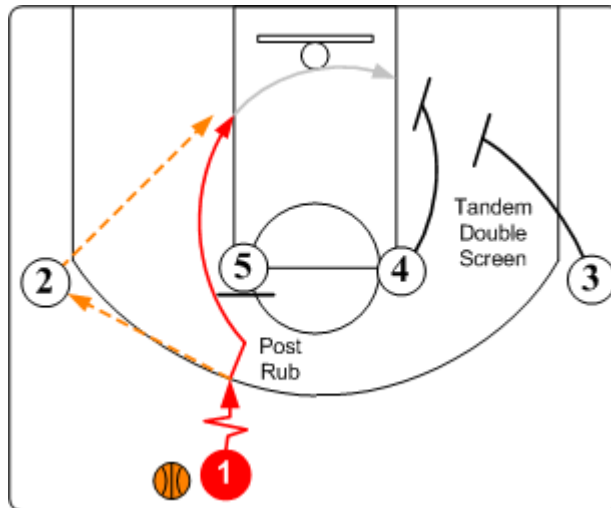


Point O1 initiates the action by making an entry pass to wing O3 and rubbing off O4's high post screen for shot. When O1 does not receive a pass from O3, O1 continues out weakside off O4's and O3's tandem double screen, and O4 steps out and initiates side screen action with O3.



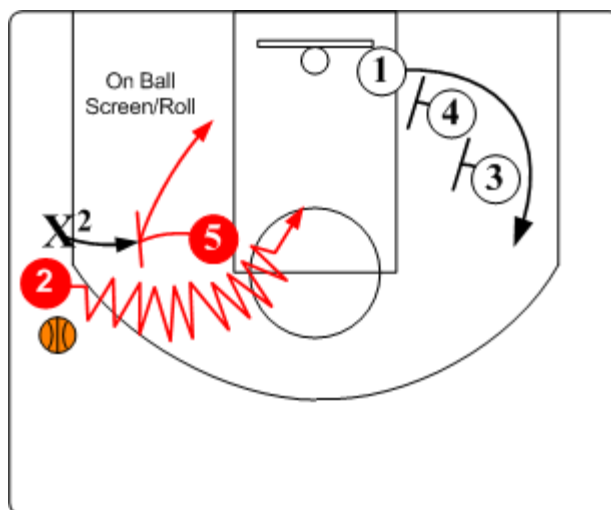
Pass Entry

Phase 1. Post Rub



The point guard initiates the action by making an entry pass to wing O2 and rubbing off O5's high post screen for shot. When O1 does not receive a pass from O2, O1 continues out weakside off O4's and O3's tandem double screen.

Phase 2. Side Screen Action.

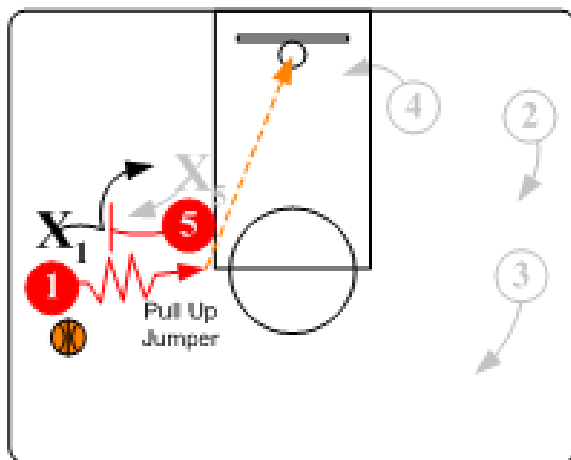


When wing O2 does not feed O1 on post rub cut, O5 steps out and initiates side screen action with O2. O2 and O5 execute the side screen option (counter) according to the defensive read.



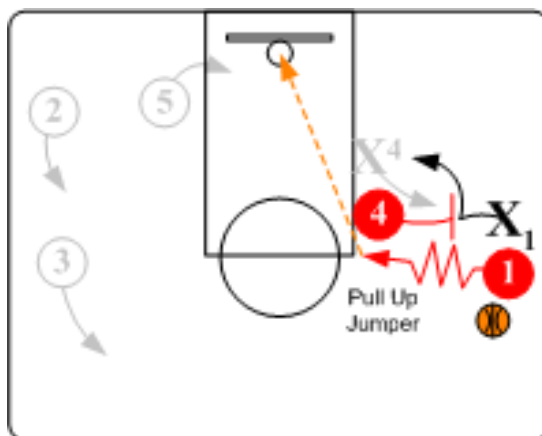
Pull Up Jump Shot Option

READ: Defender goes UNDER the screen.



When the defensive player X1 chases under and goes below X5's side screen, O1 pulls up and takes the open jump shot.

Right Side Entry.

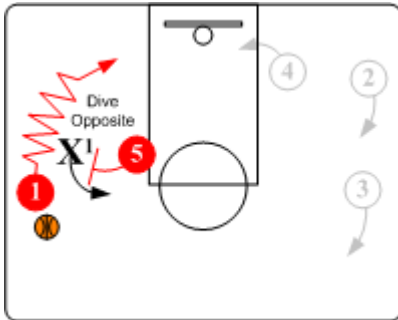


When the defensive player X1 chases under and goes below X4's side screen, O1 pulls up and takes the open jump shot.

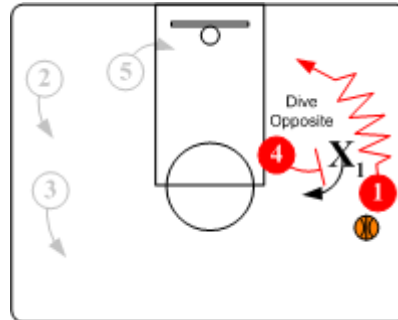


Drive Opposite Option

READ: Defender CHEATS OVER EARLY on the screen.



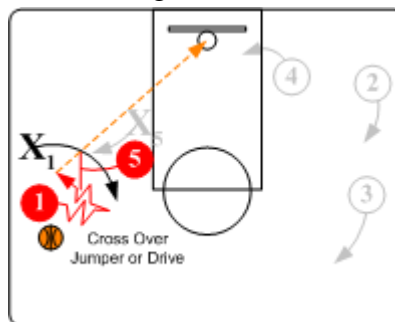
Left Side. When the defensive player X1 cheats over X5's side screen early, O1 drives opposite hard to the basket on left hand dribble. If the baseline defender X5 should help out on X1's dribble penetration, O1 makes a drop pass to open O5.



Right Side. When the defensive player X1 cheats over X4's side screen early, O1 drives opposite with right hand dribble. If the baseline defender X4 should help out on X1's dribble penetration, O1 makes a drop pass to open O4.

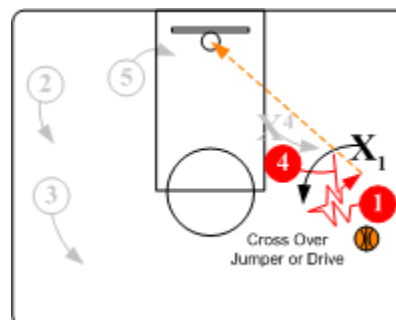
Cross Over Option

READ: Defender fights THROUGH the screen.



Left Side. When the defensive player X1 goes through the side screen, O1 can make a quick cross over or behind the back dribble doubling back over O5's screen for a pull up jumper or drive to the basket.

Philadellphia 76'ers Allen Iverson is a master of this move.



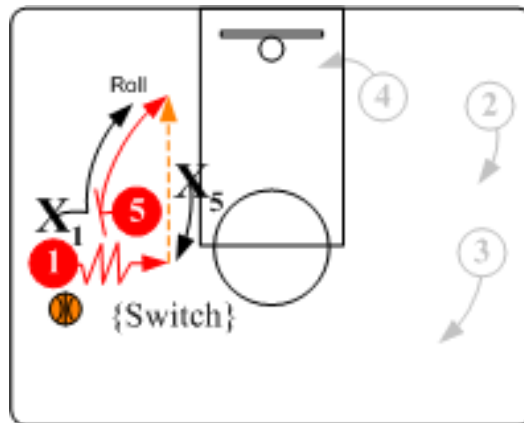


Right Side. When the defensive player X1 goes through the side screen, O1 can make a quick cross over or behind the back dribble doubling back over O4's screen for a pull up jumper or drive to the basket.

Post Roll Option

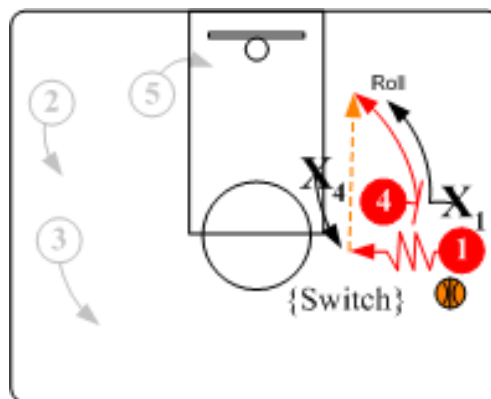
Defense SWITCHES on the screen

Screen and Roll



When defensive players X1 and X5 switch on screen, O1 looks to feed the screener O5 rolling to the basket or posting up against the smaller defensive guard X1. O1 also has the option of driving hard to basket, especially when X5 is in foul trouble.

Right Side Entry.



When defensive players X1 and X4 switch on screen, O1 looks to feed the screener O4 rolling to the basket or posting up against the smaller defensive guard X1.